



Joel Shaul, LCSW

Workshops and webinars for mental health professionals

Since 2011, I have provided dozens of professional development presentations in the United States and Europe.

On the following several pages are some samples of course descriptions. Depending on the needs of your organization, I am able to vary the length of events from ninety minutes to two entire days, and I have some flexibility to generate new content.

Feel free to [contact me](#) with any questions you may have regarding in-service events hosted by your organization.

Kind regards,

Joel Shaul, LCSW



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Mental health interventions for children with autism which also address interaction and communication concerns

Mental health concerns affecting children and teens on the autism spectrum are nearly always complicated by social interaction and social communication issues. Accordingly, most mental health interventions for youth with ASD should also address these concurrent problems.

This workshop provides mental health professionals, based in clinical, school and community settings, with insights and resources to treat not only emotional regulation but also communication pragmatics and a variety of social interaction challenges. Participants will receive access to dozens of free resources which I clearly explain. These include: [downloadable CBT materials in game, worksheet and video formats](#); [social communication activities addressing conversation pragmatics and nonverbal communication](#); [resources for troubleshooting social isolation and diverse problems involving social interaction](#).

All of Joel Shaul's workshops feature [free downloads of resources from his website](#), enabling participants to select and implement resources demonstrated in each course.

Joel Shaul, LCSW, the author of six [books](#) for autistic children, professional trainer and the creator of the website [autismteachstrategies.com](#), has decades of experience providing mental health services, in clinical and school settings, for children and teens on the autism spectrum.



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Engaging CBT interventions for autistic children and teens – methodology and free materials

Mental health interventions for children require careful design according to age and ability. CBT interventions for young people on the autism spectrum should be appealing, engaging, and must address issues that may be unique to their needs and condition.

This practical workshop provides mental health professionals, based in clinical, school and community settings, with mental health resources specifically designed to help youth with ASD, age 7 through 16. Featured resources include: [CBT videos](#); [game-like activities such as Mint New Thoughts and CBT Cards](#); [drawing worksheets for exploring diverse emotions](#) [Problem & Solution Cards](#); and [CBT worksheets](#) from elementary to advanced level.

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Targeted lessons & tools for school-based mental health intervention with autistic students

School psychologists, guidance counselors and behavior specialists face significant challenges helping students on the spectrum to cope with social and emotional challenges. The needs of autistic youth often call for specialized materials and methods. Length of contacts with both individual students and groups, seldom longer than one class period, requires rapid implementation of refined content relevant to the specific emotional or social needs of autistic students.

This workshop provides school-based mental health personnel with a [number of engaging, packaged tools](#) designed to help autistic youth in school settings with a wide variety of mental health and social concerns. Participants will receive access to dozens of free, downloadable worksheets; illustrated, screen-based guides to common/emotional challenges; appealing, game-like social/emotional game-like activities; and a wide range of simplified CBT materials including videos and games to use with individuals, groups and classrooms.

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Social & emotional challenges for teens and young adults with ASD – therapy approaches and free resources

Social and emotional challenges associated with adolescence and young adulthood lead many young people with ASD, and their families, to seek mental health treatment. As mental health professionals, our interventions should target their unique concerns.

This workshop offers mental health professionals, based in clinical and school settings, with free, downloadable kits to help address problems such as: [social isolation](#); [screen addiction](#); [romantic relationship confusion](#); [employment preparation](#), [fantasy enthrallment](#); and other [issues associated with young adult adjustment](#). [CBT resources](#) in the form of [videos, worksheets and therapy games](#) are also provided. I will clearly demonstrate how to apply these materials in individual and group interventions.

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