

# What I Should Have Done Different –

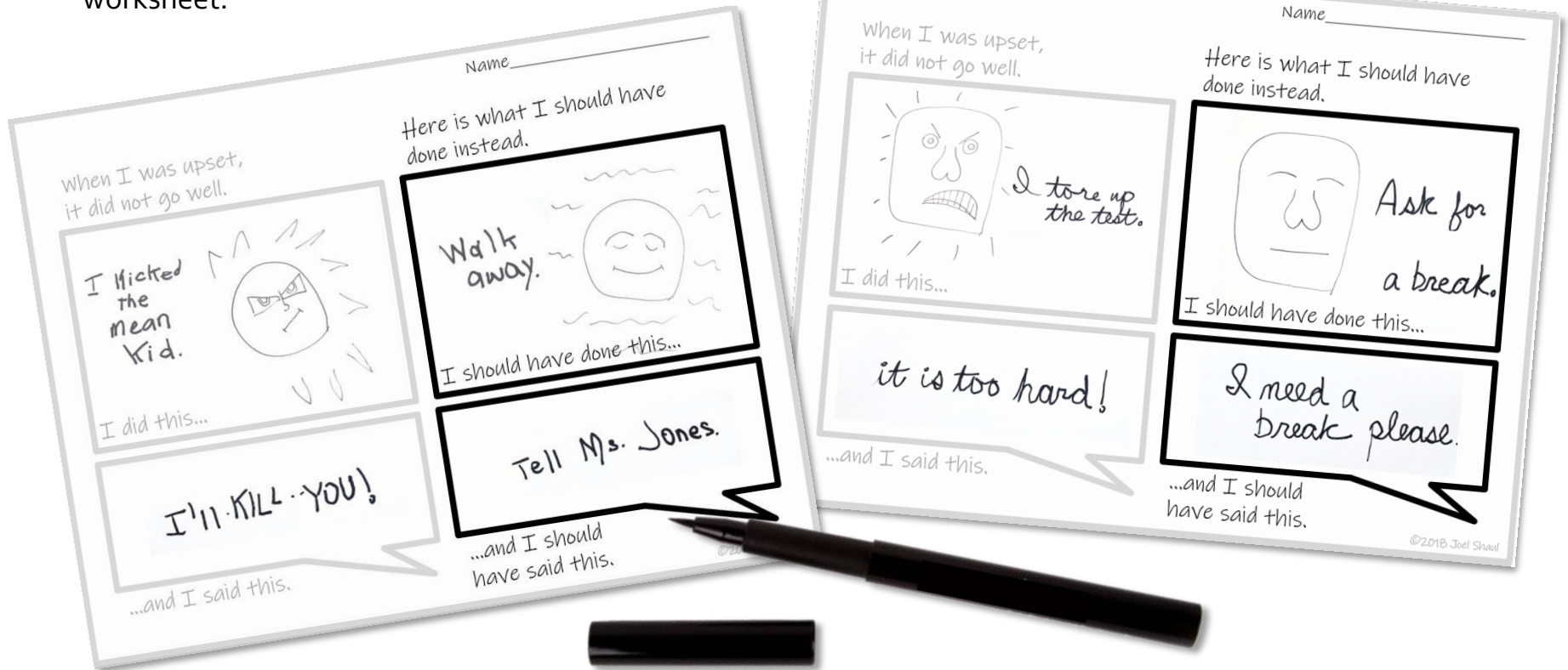
A simple worksheet to work on a problem.

Many children can work on a problem better if they are asked to write a few words about it and draw a picture to go with it. This helps the adult to stay quiet for a while and allows the child to think.

Here is a very simple, generic, problem-solving worksheet.

Some children don't like to draw with this worksheet. That's fine. Just have them write the words.

You can offer children different color pens or crayons if you like.



Joel Shaul, LCSW

Name \_\_\_\_\_

When I was upset,  
it did not go well.

I did this...

...and I said this.

Here is what I should have  
done instead.

I should have done this...

...and I should  
have said this.