Anime Emotion Coloring Worksheets

21 pictures
39 worksheets in all

Art by Midnight Cross
Designed by Joel Shaul
This checklist is useful for kids to narrow down their list of sheets they want to work on. Try the checklist before printing out every sheet.

There are two different kinds of worksheets for many of the emotions. Pick one or the other according to the child’s needs and their writing ability.

If you just want kids to color, cut off the text portion.

Please note that a separate download has these pictures formatted onto cards.
For children who prefer making their own pictures, there are blank sheets.

I hope you enjoy this resource.

I would appreciate hearing from you with your own ideas on how to use these materials.

Joel Shaul, LCSW
autismteachingstrategies.com
Artist Bio

Midnight Cross is an Australian artist who specializes in anime art, using pens, ink and digital mediums to illustrate simple but whimsical characters. She has been developing her unique drawing style from a young age, when she watched her first anime, and fell in love with the amazing artistic culture. Her art has been displayed in several art gallery exhibitions, and she has won various awards in story writing and animation. Midnight Cross shares her art through her YouTube Channel where she uploads videos and tutorials on a regular basis. She shares her finished illustrations with Viewers on her Facebook and Instagram accounts.

Currently, Midnight is working on her own single volume manga titled ‘Having Faith’, which she plans to have published, along with various How to Draw books and original T-Shirt designs.

YouTube: https://www.youtube.com/c/midnightxcross
Instagram: https://www.instagram.com/midnightxcross/
Facebook: https://www.facebook.com/midnightXcross/
Twitter: https://www.twitter.com/MidnightXCross/
FEELINGS CHECKLIST ~ page 1
Put a ✓ for important feelings you are remembering.

My name: ___________________
FEELINGS CHECKLIST ~ page 2
Put a \( \checkmark \) for important feelings you are remembering.

My name: ___________________
Feeling: ____________________________

I felt this way when ______________________

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My name: ____________________________
Feeling: __________________________

I felt this way when __________________________________
_________________________________________________________________
_________________________________________________________________

My name: _____________________________

©2019 Joel Shaul
Art by Midnight Cross
Feeling: _______________________

I felt this way when _______________________

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My name: ____________________
Feeling: ______________________

I felt this way when ______________________

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My name: ______________________
Feeling: _______________________

I felt this way when ____________________

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My name: ___________________
Feeling: ___________________________

I felt this way when

I got a little too excited, so I ______

My name: ________________________
Feeling:___________________

I felt this way when ___________________

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My name: ___________________
Feeling: ________________________________

I felt this way when __________________

I got a little too excited, so I ______

My name: ____________________________
Feeling: ____________________________________

I felt this way when _______________________________________
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My name: ___________________
Feeling: ____________________________

I felt this way when ________________________

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My name: ____________________________

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Art by Midnight Cross
Feeling:__________________________

I felt this way when

To make it better I could

My name: ____________________
Feeling: ______________________________

I felt this way when ___________________
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My name: ____________________________
Feeling: __________________________

I felt this way when
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To make it better I could
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My name: ___________________________
Feeling: ______________________

I felt this way when ________________________________________________
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My name: ______________________
Feeling: ______________________

I felt this way when

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To make it better I could

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My name: ____________________
Feeling: __________________________

I felt this way when __________________________

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My name: __________________________
Feeling: __________________________

I felt this way when
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To make it better I could
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My name: __________________________

©2019 Joel Shaul
Art by Midnight Cross
Feeling: ____________________________

I felt this way when ____________________________

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My name: __________________________
Feeling: __________________________

I felt this way when

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To make it better I could

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My name: ______________________
Feeling: ______________________________

I felt this way when ____________________

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My name: ____________________________
Feeling: __________________________

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My name: _____________________
Feeling: __________________________

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My name: __________________________
Feeling: ______________________

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My name: ___________________
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My name: _____________________
Feeling: ______________________

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My name: ___________________
Feeling: ____________________________

I felt this way when
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To make it better I could
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My name: ___________________________

©2019 Joel Shaul
Art by Midnight Cross
Feeling:_________________  

I felt this way when__________________  

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My name:__________________
Feeling: __________________________

I felt this way when
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To make it better I could
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My name: __________________________
Feeling: ____________________________

I felt this way when ____________________________

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My name: ____________________________
Feeling: __________________________

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My name: __________________________
Feeling: ____________________

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My name: ___________________
Feeling: __________________________

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To make it better I could
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My name: __________________________
Feeling: ____________________________

I felt this way when ____________________________

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My name: ____________________________
Feeling: ______________________________

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To make it better I could

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My name: __________________________
Feeling: ____________________________

I felt this way when _________________________
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My name: __________________________
Feeling:________________________________________

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To make it better I could____________________
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My name:__________________________