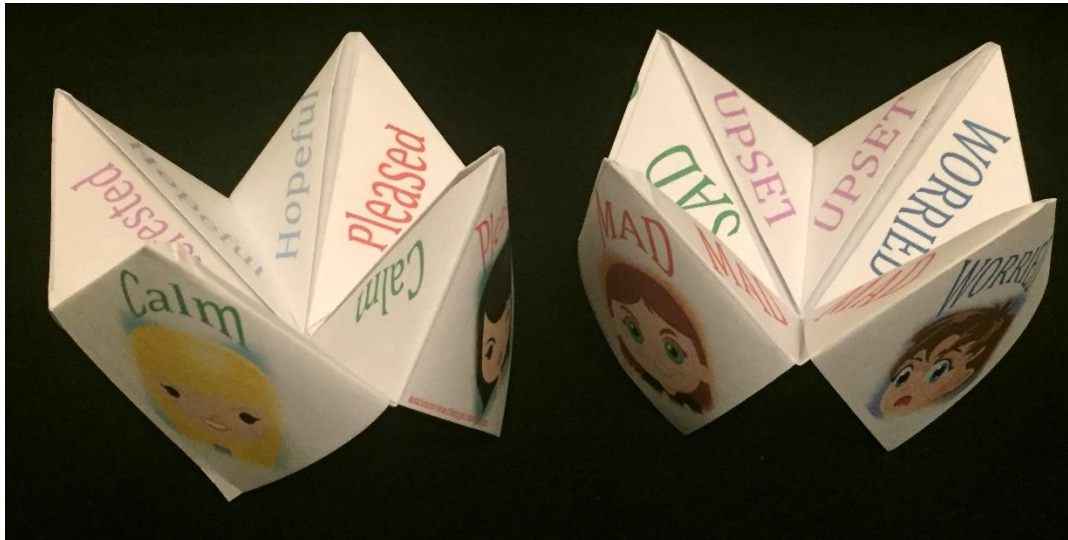


Two Paper Fortune Tellers for Talking about Feelings



To make them:

Cut around the perimeter. Start folding with the printed side down. Elsewhere on the website is an illustrated guide on how to fold paper fortune tellers.

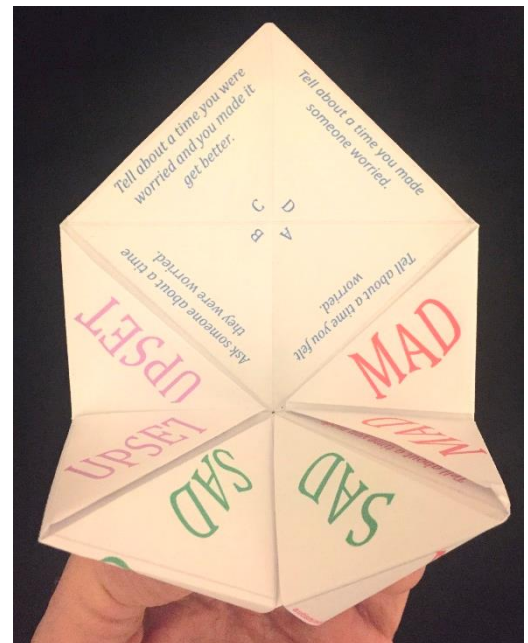
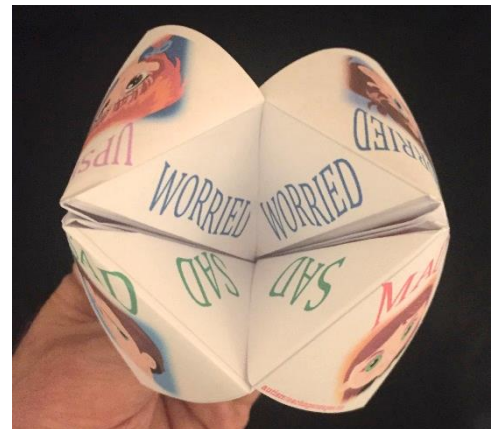
Ways to use them:

Unlike traditional paper fortune tellers, these are not used for pretend fortune telling. These are for helping children, working in pairs, to ask, and respond to, questions about positive and negative emotions.

Suggested game format:

1. Child number one says, "Spell your name." For each letter, the child holding the Fortune Teller manipulates the device back and forth.
2. Child number two is then shown the two options appearing on the inner triangles. Child one says, "Pick which one you want." In the example to the right, child number two picks "Worried."
3. Child one opens up the innermost flap, where four options appear. He asks, "Pick a, b, c or d." Child two picks "c." Child one reads, "Tell about a time you were worried and then you made it get better."

I hope you find these things useful.



Cut out all four sides around the outside before you start folding.







Begin folding with the printed portion facing downward.



Cut out all four sides around the outside before you start folding.



Begin folding with the printed portion facing downward.

 <p>Pleased</p>	<p>Calm</p> <p>Tell about a time that you were upset and you calmed yourself down.</p> <p>A B D C</p>	<p>Calm</p> <p>What happy place can you go to in your mind to feel calm?</p> <p>A B D C</p>	 <p>Calm</p>
<p>Pleased</p> <p>Tell about a time something good happened instead of something bad.</p> <p>A B D C</p>	<p>Pleased</p> <p>Ask someone what they did to relax.</p> <p>Tell about something you did that made you feel proud.</p> <p>A B D C</p>	<p>Interested</p> <p>What do you do to relax?</p> <p>Ask someone what activity they find most fascinating.</p> <p>A B D C</p>	<p>Interested</p> <p>What fun thing fills up your mind when you are bored with the work at school?</p> <p>A B D C</p>
<p>Pleased</p> <p>Tell about a time you worked to make something good happen.</p> <p>A B D C</p>	<p>Hopeful</p> <p>Ask someone about something just how they wanted.</p> <p>Tell about a time you were looking forward to something.</p> <p>A B D C</p>	<p>Interested</p> <p>Tell about something you do that you find exciting.</p> <p>Ask someone about a time they were excited about something.</p> <p>A B D C</p>	<p>Interested</p> <p>Tell about an interest you used to have but not any more.</p> <p>A B D C</p>
 <p>Hopeful</p>	<p>Hopeful</p> <p>Tell about a time you made someone know something good would happen.</p> <p>A B D C</p>	<p>Hopeful</p> <p>Tell about a time you felt hopeful but then the good thing did not happen.</p> <p>A B D C</p>	 <p>Interested</p>