

Easy-to-make meters to raise awareness of various behaviors

Here are several different cut-out “meters” you can customize and use with students / clients.

Children with persistent problems can grow accustomed to verbal prompting to the point that they fail to respond adequately. This hands-on, playful project is designed to engage children in solutions.

Directions:

Select Nice-o-meter, Annoy-o-meter or the blank template (for which you supply all the text). Laminate if possible.

Put them together with brass fasteners:

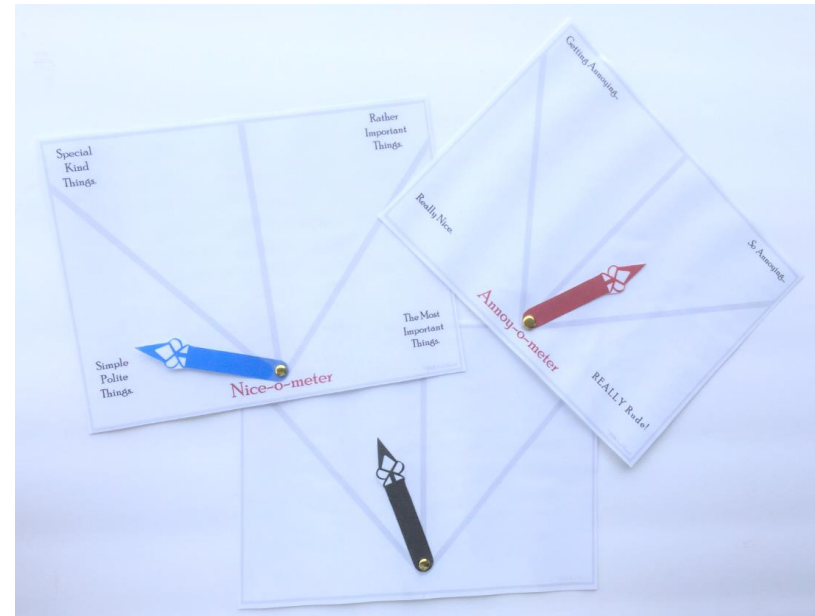


Engage the child in a discussion of particular behavior they should do more of or less of.

Write in the various categories the positive and negative behaviors that you and the child have noted. Use the clearest, most specific language you can think of.

Introduce the activity clearly. For example: “People get older, smarter and better at controlling what they do and say. We’re going to make a “meter” to help you to continue doing great things and to do other things less and less.”

For other DIY meters, click here: <https://bit.ly/19vmBwE>



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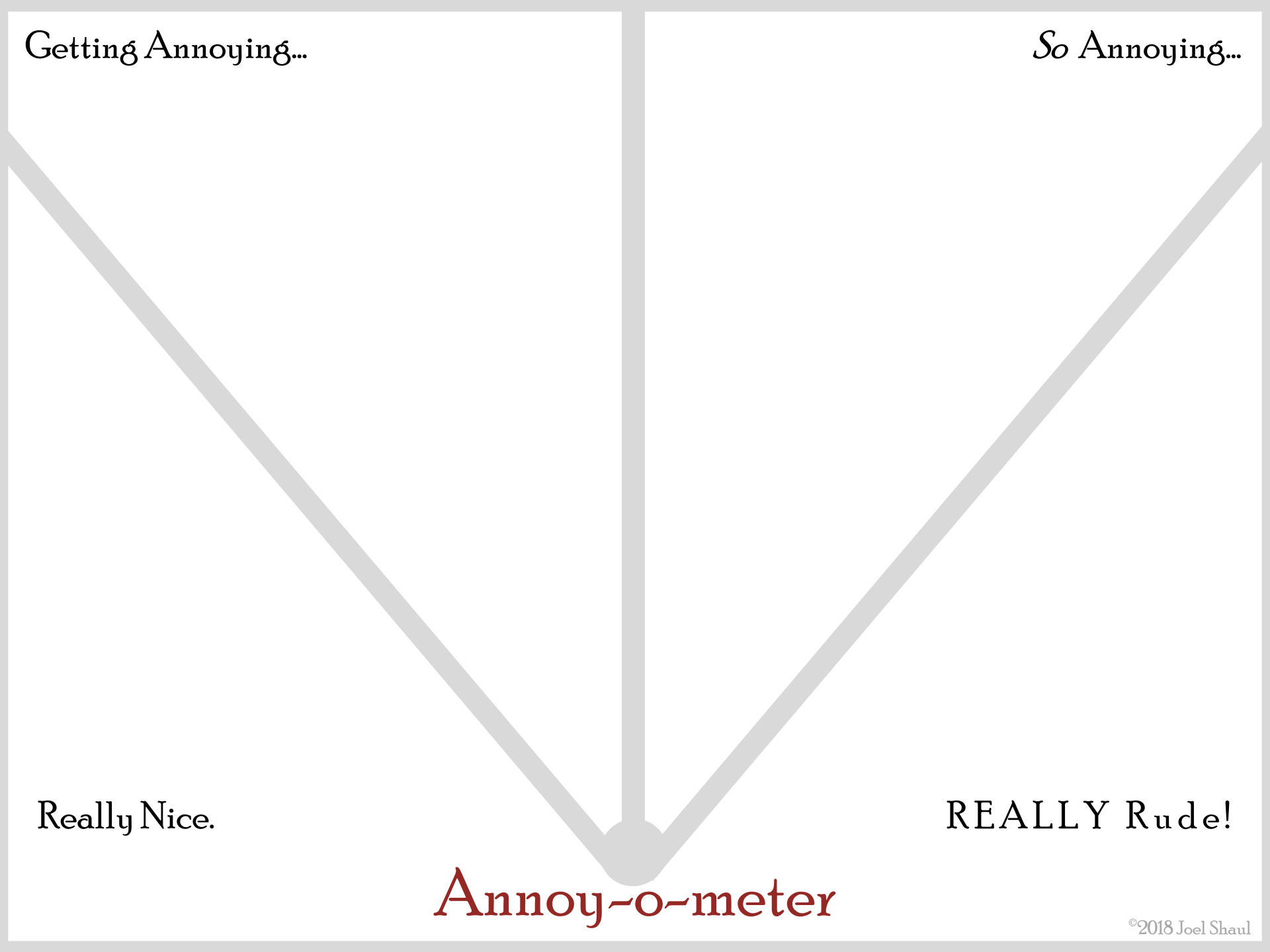
Getting Annoying...

So Annoying...

Really Nice.

REALLY Rude!

Annoy-o-meter



Special
Kind
Things.

Rather
Important
Things.

Simple
Polite
Things.

The Most
Important
Things.

Nice-o-meter

