

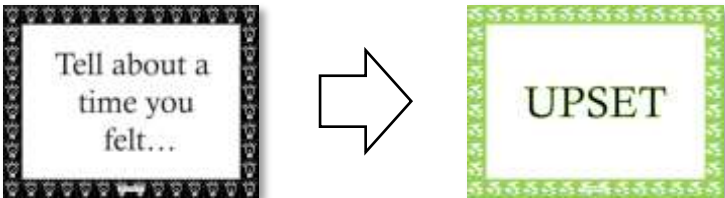
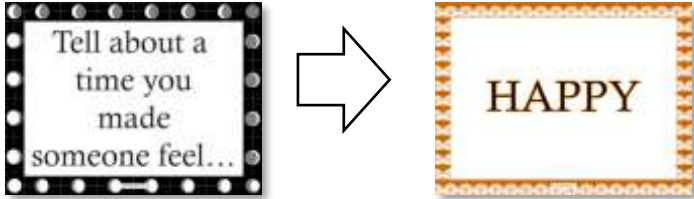
45 Emotion Word Cards

for talking
about
feelings
in groups of
2 to 10 kids

by Joel
Shaul,
LCSW



Directions:


1. Position two to ten children around a big table, or in a circle on the floor.
2. Spread out a selection of emotion cards. Use as many as you like. Keep in mind the needs and vocabulary level of the children in your group.
3. Activity one: This is a turn-taking activity. The child must select an emotion card, and ask one of the other players a question about this emotion. For example:

4. Activity two: This is also a turn-taking activity. In this activity, the child asks a second kind of emotion question. For example:


There are additional blank cards in this set for you to create your own emotion word cards.

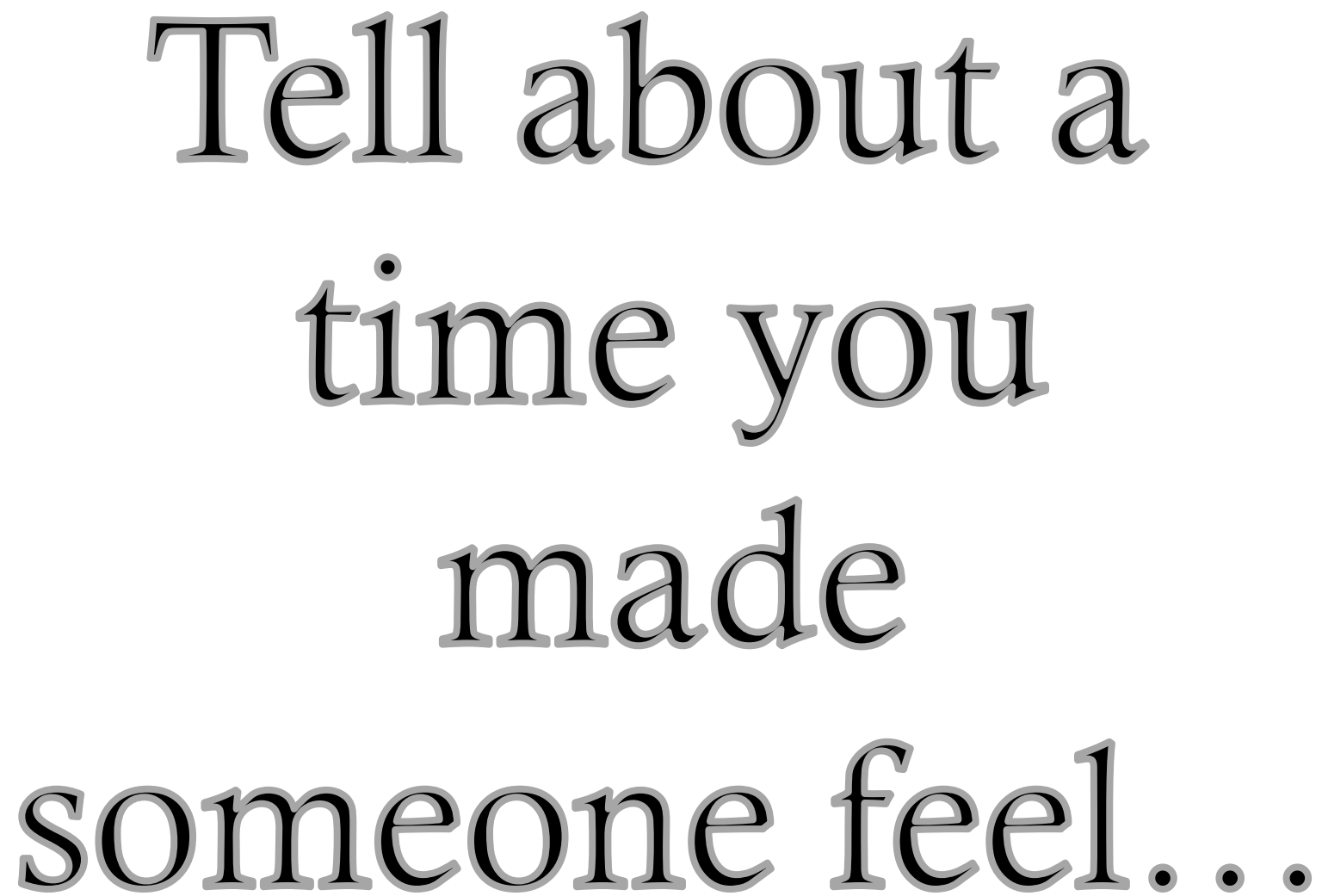
Note: For another, more complex emotion question activity, see this other resource: <https://bit.ly/1cA6bBH>

I wish you the best with this emotional learning activity.

Joel Shaul, LCSW



Tell about a
time you
felt...



Tell about a
time you
made
someone feel...



HAPPY



JOYFUL

A decorative border of colorful hot air balloons surrounds the text. The balloons are in shades of purple, green, and orange, and are arranged in a rectangular frame around the central text.

PLEASED



THANKFUL




COZY




ENERGETIC



EXCITED



SILLY



HYPHER



LOVED

CURIOUS



INTERESTED



FASCINATED

A decorative border with a blue and white checkerboard pattern surrounds the central text.

EAGER



HOPEFUL



LOVING

A decorative border of pink roses with green leaves surrounds the central text. The roses are arranged in a repeating pattern along the top, bottom, and sides of the page.


CARED
FOR



CARING


A decorative border with a repeating geometric pattern of orange and black lines, forming a frame around the central text.

PROUD



RELAXED

RESTED

A decorative border of pink flowers with white centers, arranged in a grid pattern around the central text.

RELIEVED

CONFIDENT



INTERESTED



NOSTALGIC



SAD



UPSET



WORRIED



SCARED



ANNOYED



ANGRY



FURIOUS

A decorative border made of repeating green floral motifs, resembling stylized flowers or leaves, framing the central text.


FRUSTRATED




DISCOURAGED



BORED



DISGUSTED



REJECTED



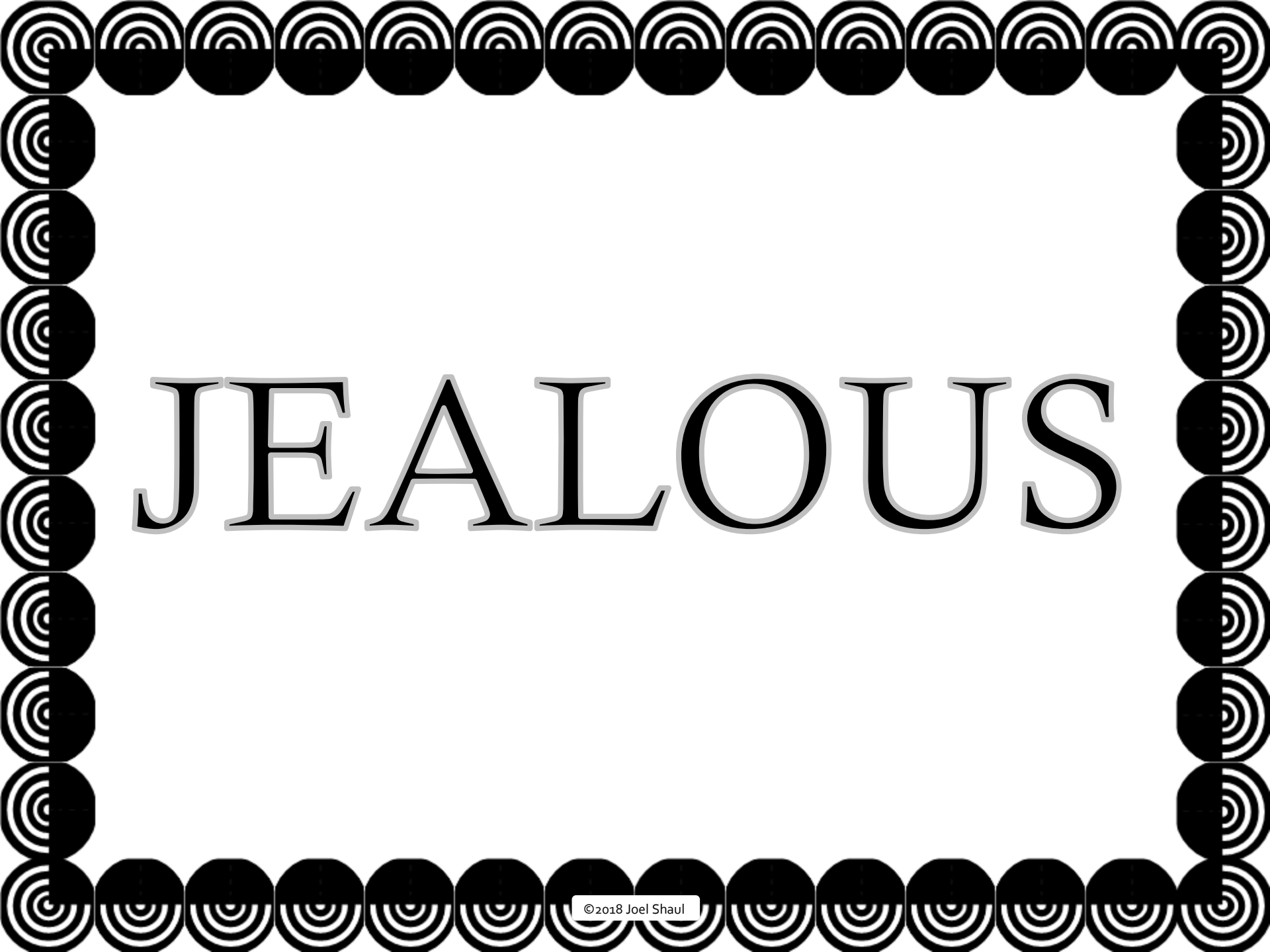
EMBARRASSED

ASHAMED

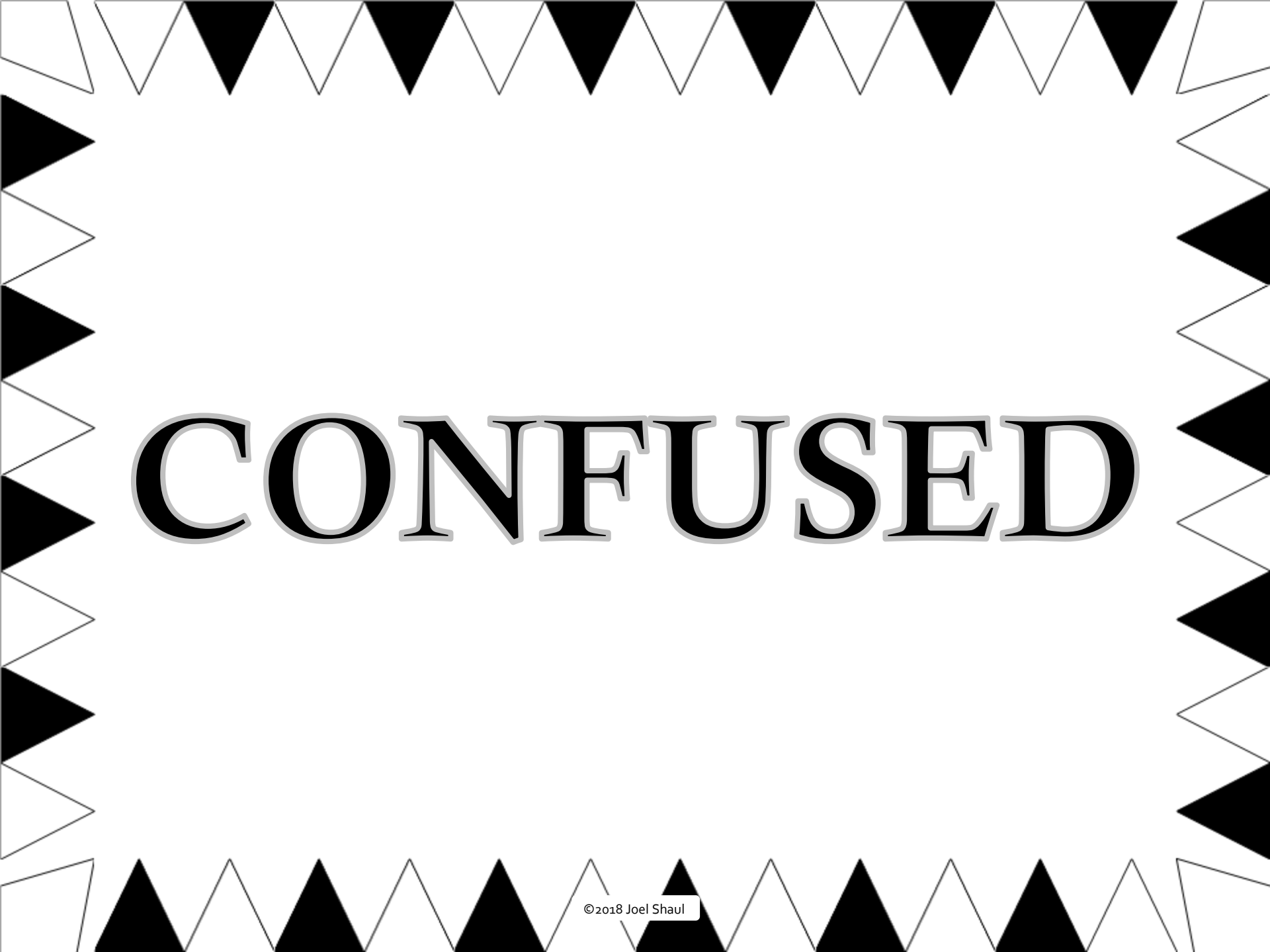


HURT FEELINGS


RESTLESS

A decorative border composed of a series of concentric circles, each with a black outer ring and a white inner ring, arranged in a rectangular frame around the central text.

JEALOUS



CONFUSED



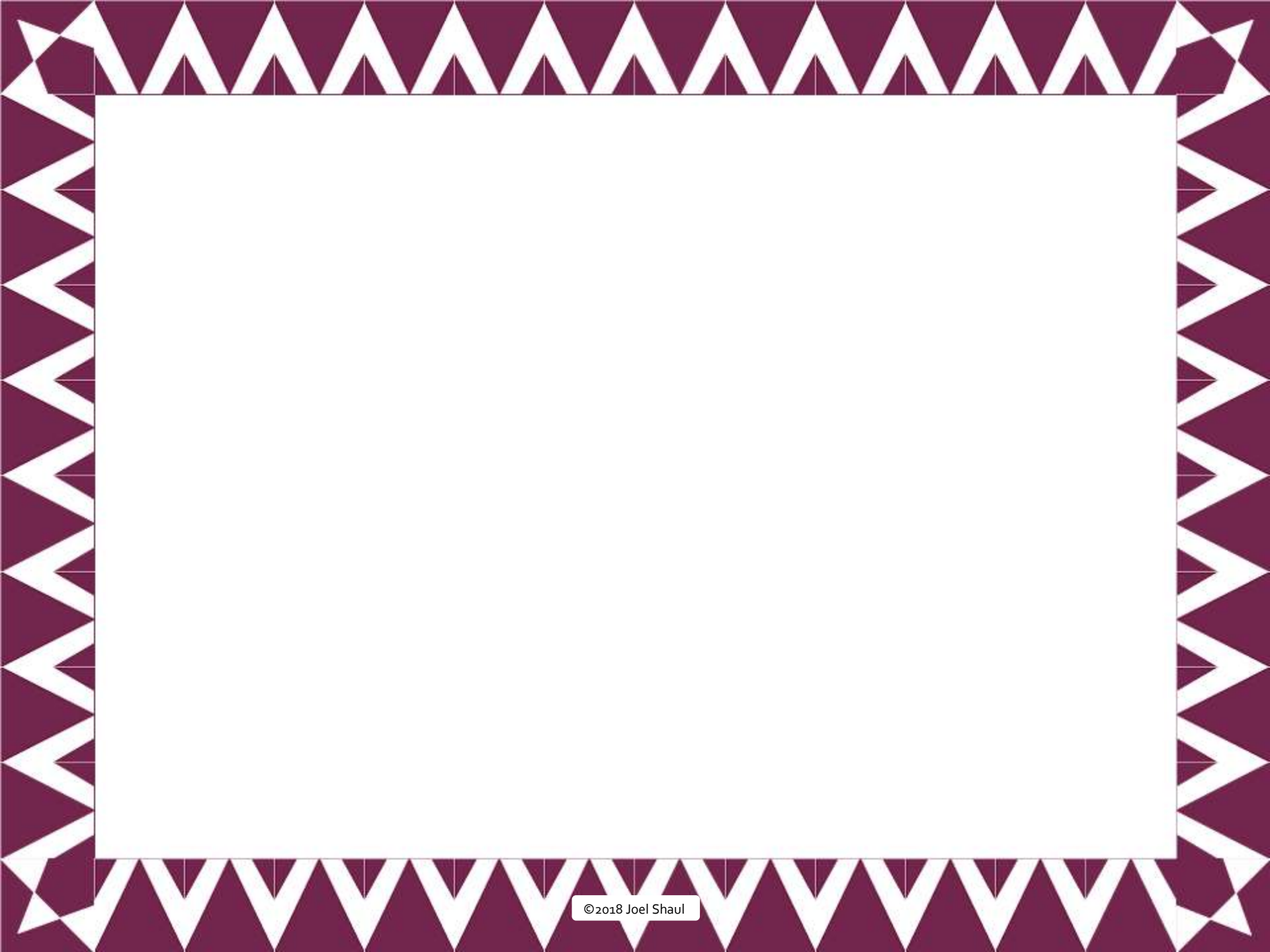
SORRY



SUSPICIOUS

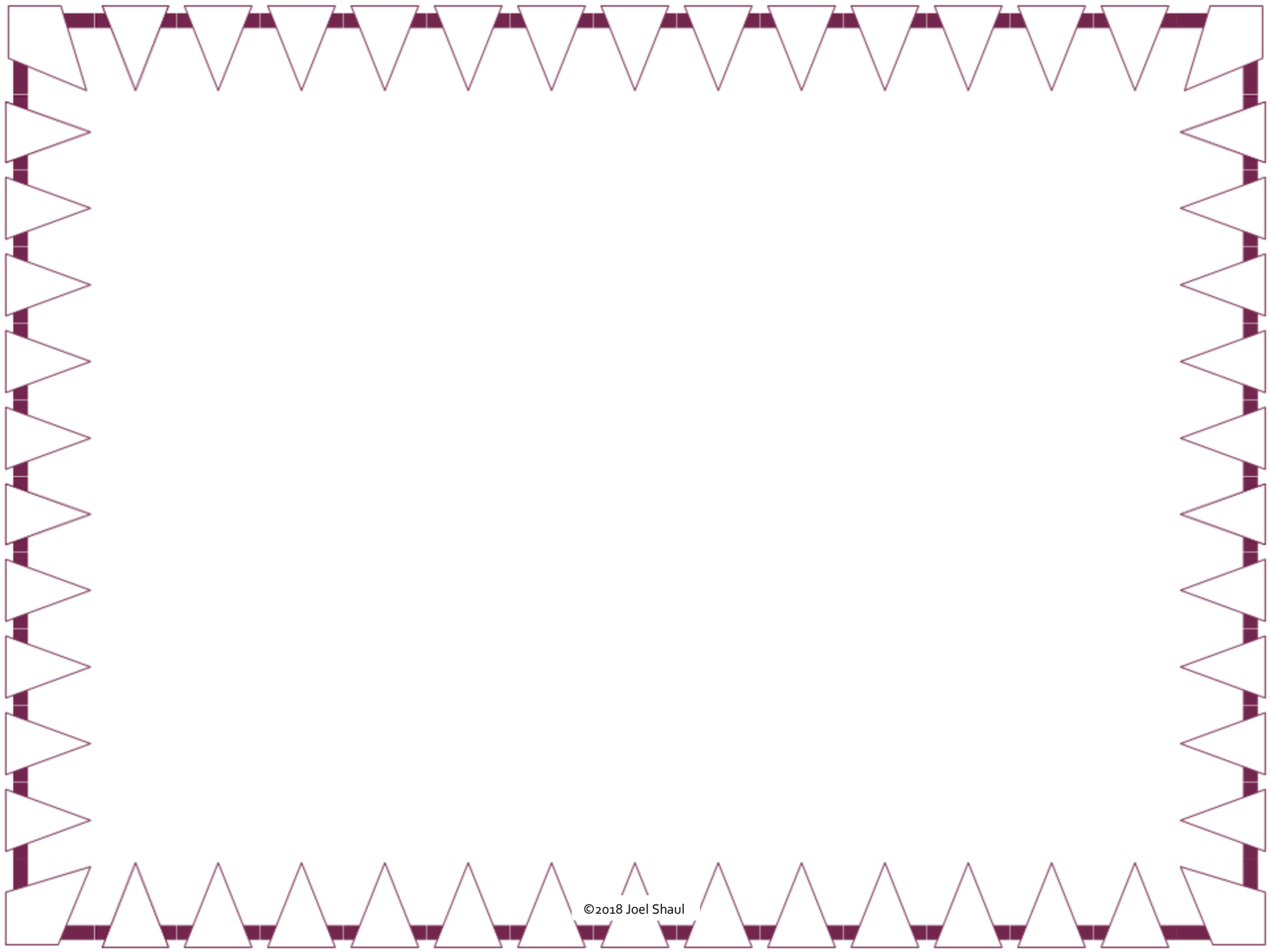


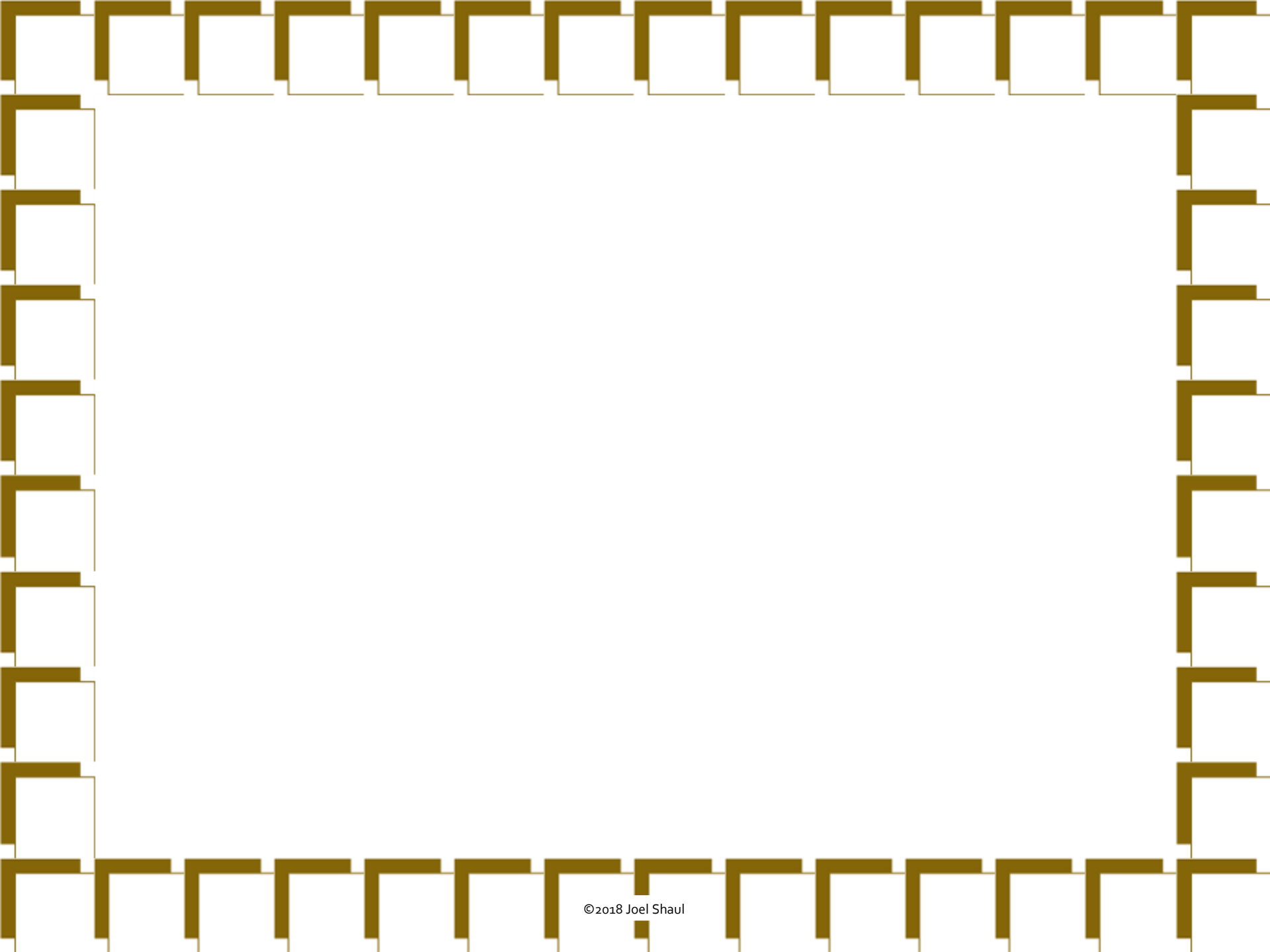
LONELY

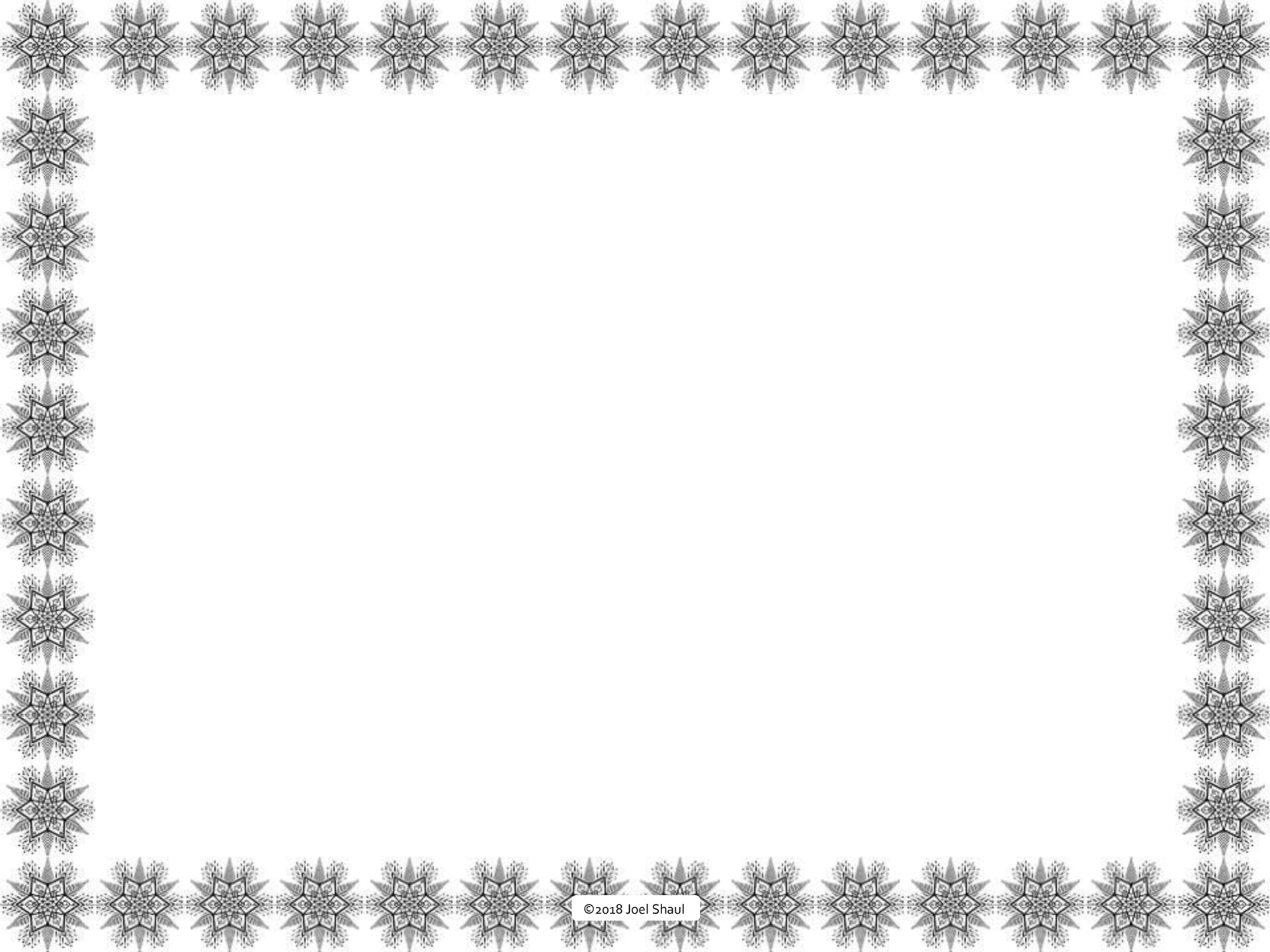












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