Paper Fortune Tellers

Activities for conversation and other social skills

To make them:

1. Use this print setting:

2. Cut out all four sides of the perimeter of the Fortune Teller.

3. Fold them. This young girl on YouTube can show you how: http://bit.ly/WVH7NM

Start folding with the printed side facing down.

Ways to use them:

Unlike traditional paper fortune tellers, these are not used for pretend fortune telling. These are for helping children, working in pairs, to work on the skills of asking questions, giving compliments and talking about emotions. One of them is to review self-help strategies for teasing and bullying.

Suggested game format:

1. Child number one says, “Spell your name.” For each letter, the child holding the Fortune Teller manipulates the device back and forth.

2. Child number two is then shown the two options appearing on the inner triangles. Child one says, “Pick which one you want.” In the example to the right, child number two picks “What do you think about...?”

3. Child two opens up the innermost petals, where four options appear. He selects A, and then asks child one, “What do you think about this school?”

I hope you find these things useful.

Joel Shaul, LCSW  autismteachingstrategies.com

Joel Shaul provides trainings nationwide. Learn more: http://bit.ly/zGDQCi
Cut out all four sides around the outside before you start folding.

Begin folding with the printed portion facing downward.
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Tell about a time you made someone sad.
Tell about a time you felt sad.
Tell about a time you got upset and you made it better.
Tell about a time you were mad and you felt mad.

Tell about a time you felt worried.
Tell about a time someone made you feel worried.
Tell about a time someone made it better.
Tell about a time you were upset.

Ask someone about a time they got upset.
Ask someone about a time they were worried.
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**Calm**

Tell about a time that you were upset and you calmed yourself down.

Ask someone what activity they find most fascinating.

What happy place can you go to in your mind to feel calm?

**Calm**

Tell about a time that you were upset and you calmed yourself down.

Ask someone what activity they find most fascinating.

What happy place can you go to in your mind to feel calm?

**Interested**

Ask someone what activity they find most fascinating.

Tell about a time you were excited about something.

What fun thing fills up your mind when you are bored with the work at school?

**Interested**

Ask someone what activity they find most fascinating.

Tell about a time you were excited about something.

What fun thing fills up your mind when you are bored with the work at school?

**Pleased**

Tell about a time you were upset and you calmed yourself down.

Ask someone what activity they find most fascinating.

What happy place can you go to in your mind to feel calm?

**Pleased**

Tell about a time you were upset and you calmed yourself down.

Ask someone what activity they find most fascinating.

What happy place can you go to in your mind to feel calm?
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DON'T:
- Don't yell.
- Don't threaten violence.
- If you can, walk away.

HELP:
- Find an adult you trust.
- Tell them what happened.
- Get help.

GET HELP:
- It's okay to ask more than one adult.
- Try to think of some other things to do.

DON'T:
- Get helpless choices.
- Stop the person.
- Think twice.

HELP:
- In front of the person.
- “Alright, that's enough.”
- “Okay, knock it off.”

GET HELP:
- Tell them.
- Stop them.
- Tell them.