

When people have problems,

show that

you care.



Make a serious face.

Get closer, but not too close.



Watch the person's

face.

Check the way they sit, stand and move.



Listen carefully.

Listen more than you talk.



"What happened?" "That sounds awful." "What was the worst part?" "You must feel..." "Need any help?" "I'm so sorry."

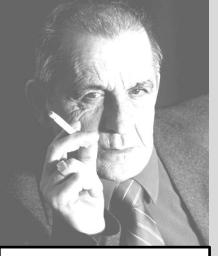


Avoid mistakes

Mistake # 1: Saying nothing



"Be more careful."



"Too bad your Grandpa smoked."



"It's a shame you didn't study."

Mistake # 2: Blaming. Criticizing.



Avoid mistakes

Mistake # 3: Telling them to "cheer up"