

Relating To Girls Panels and Activity Cards



The panels can be used alone, without the cards, as teaching aids in small group discussion, or for display on the wall. The 28 cards are designed to be used in social skills teaching applications. For more information on using the cards and panels, please go to the website: <http://bit.ly/18dgoTr>



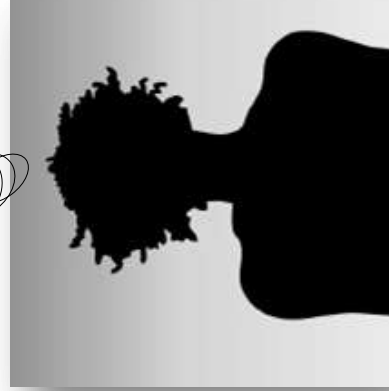
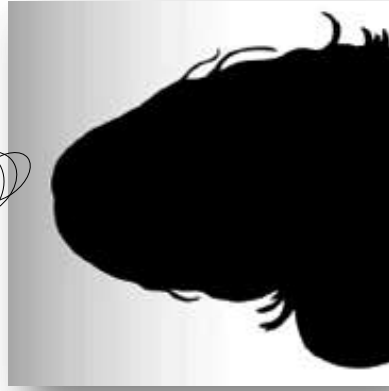
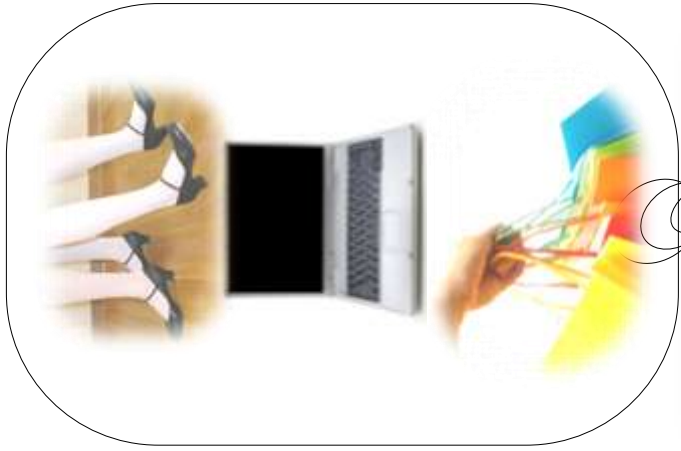
Joel Shaul, LCSW

Joel Shaul provides workshops nationwide on a variety of topics pertaining to social skills and children with ASD. To learn more: <http://bit.ly/zGDQCI>

Boys:
Think about
what we are thinking.

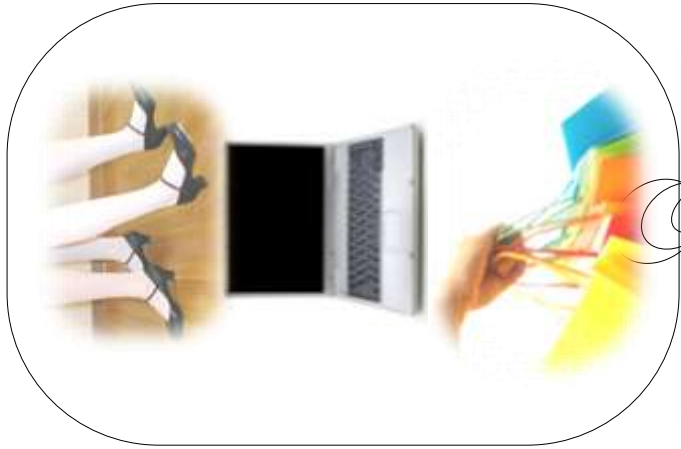


We have many different interests.
We like to talk about many things.



Try a compliment. Try a question.

Try a friendly comment.



I like how you...
You're good
at...
It's cool how
you...



Tell me
about...
I notice
you...



Do you
like...?
When did
you...?



That's a
nice...
You and I
both...

We like it when boys act

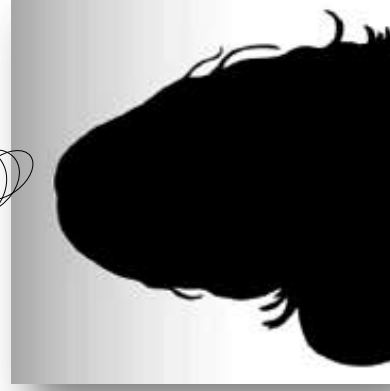
mature and polite



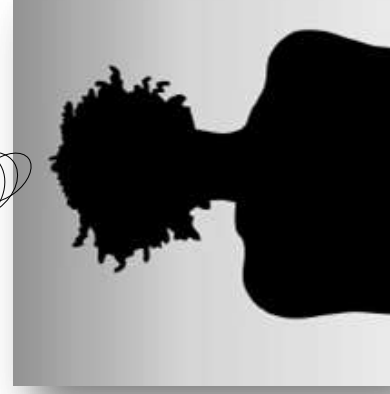
Work on your
self-control



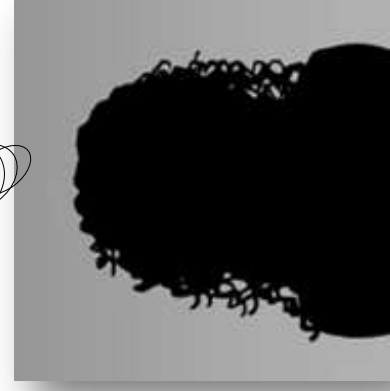
Talk and act in a
courteous way



Do your "young"
interests at
home, not school



Be neat,
not sloppy



We pay a lot a attention to the way you look and smell.

If you don't shower daily and use deodorant, we will know!



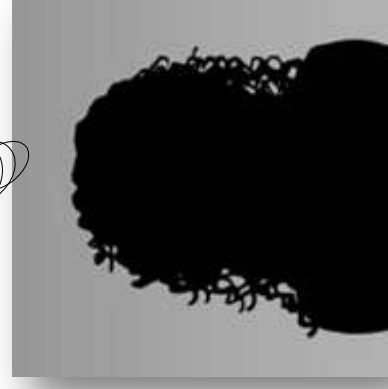
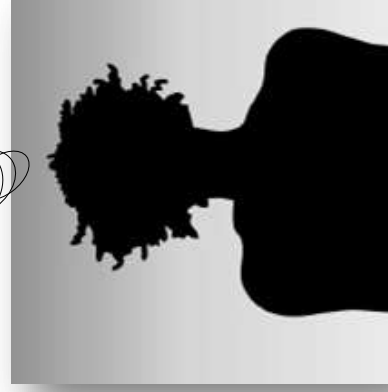
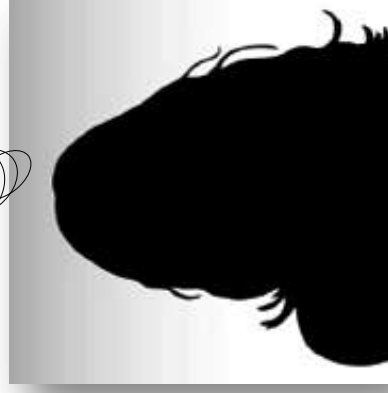
Please don't wear clothes that are messy and dirty.



We like your hair clean and neat.



Brush your teeth twice a day or we might not want to be close to you.



Pay attention to us, but do it in ways that we like



If a boy texts
me a couple
times and I
don't answer,
he should
stop.



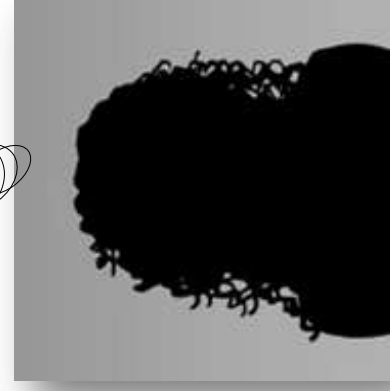
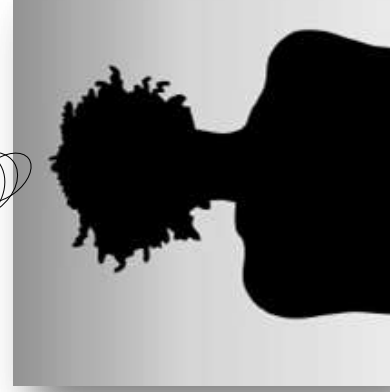
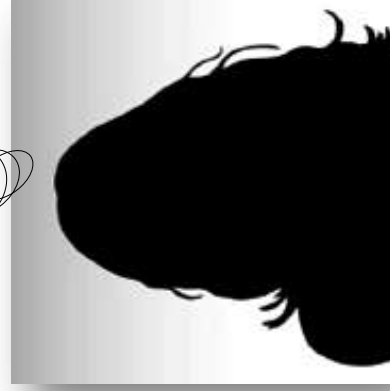
A boy can look
at a girl, but he
should not
stare unless
she is actually
his girlfriend.



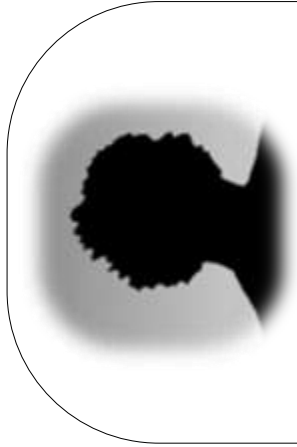
If you have a
crush on a girl,
it is better if
you don't tell
everyone
about it.



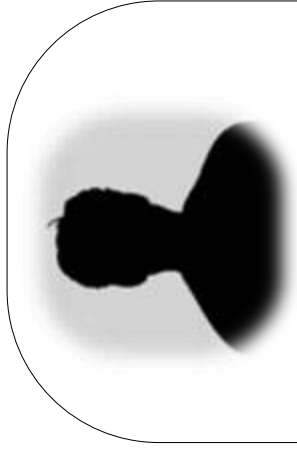
I like
compliments
about what I
am good at,
not just the
way I look.



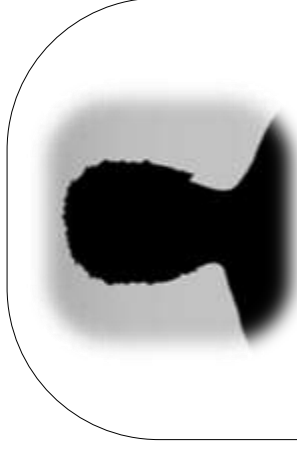
Learn to know us as friends, not just as girls to fall in love with.



I like having guys
as friends for
conversation.



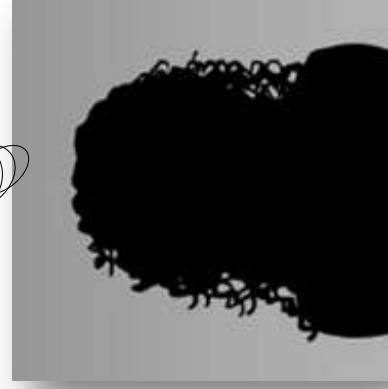
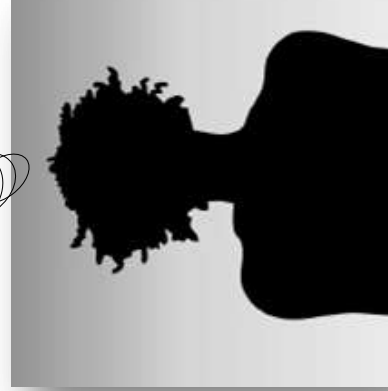
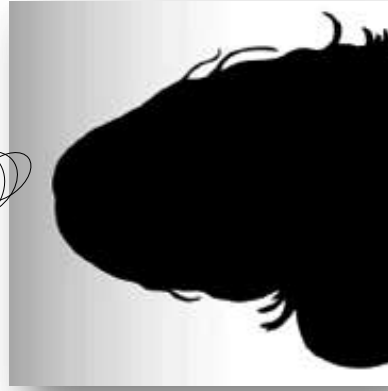
I like having guys
as friends to
hang out with.



I like having guys
as friends to
work with.



I like having guys
as friends to
learn with.



We come in all shapes and varieties. Don't just pick out the "best" ones.



Think:

Does the girl have lots of guys already interested in her?



Think:

Does the girl have any interests in common with you?



Think:

Does the girl seem to like you back, or does it seem one-sided?



Think:

Do you know a nice girl, maybe a little lonely like you, who might like you?



Take care of your thoughts if you feel discouraged

~~There's no
hope for
guys like me!~~



Fight this
thought

If I wait and try,
things could get
better.



Try to have this
thought instead

~~This girl rejected
me. I'm such a
loser!~~



Fight this
thought

She's just one
girl. I will meet
others.



Try to have this
thought instead



Help the Guy



James



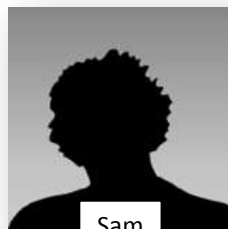
Grace

Grace is really good at Math. She plays guitar. She is very beautiful. James is Grace's work partner in Social Studies. He wants to give Grace a compliment. What should he say?

OPTION: Practice complimenting girls on what they are good at.

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Help the Guy



Sam



Jeanie

Sam sits near Jeanie at lunch. He likes Jeanie. He texts her one weekend to ask if she wants to go to Starbucks. He texts her again a day later when she does not reply.

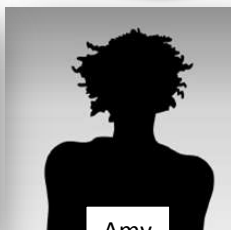
How many more times should Sam text Jeanie?

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Help the Guy



Brian



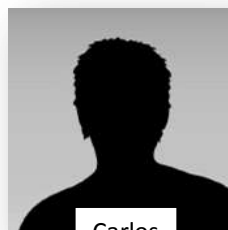
Amy

Brian used to like Amy. She looks nice and Brian and Amy both like to draw fantasy creatures. Amy seems to like Brian. But Brian finds out that Amy's family are Republicans and Brian's family are Democrats. Also, Brian saw Amy smoke a cigarette once.

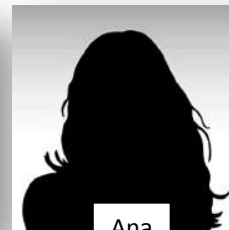
Should Brian ask her out to a movie? Why or why not?

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Help the Guy



Carlos



Ana

Carlos used to have trouble looking at people's eyes. But he has practiced until he does it pretty well now. Carlos likes Ana, his lab partner in Chemistry. He enjoys looking at her blue eyes while they work together. But Ana seems to have trouble looking at Carlos's eyes, because she keeps looking down. What should Carlos do?

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Help the Guy

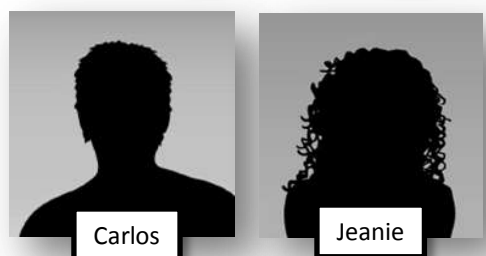


Brian is starting to really like Grace, a girl who plays clarinet with Brian in the band. For Grace's birthday, he can't decide whether to bring in to school a card, a bouquet of flowers or a ring that he has already bought her from Walmart.

What should Brian do?

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Help the Guy



Carlos is wondering if Jeanie likes him. Jeanie says hi to Carlos in the hall. Jeanie sometimes helps him in science when he doesn't understand the work. Jeanie made the bullies back off when they knocked Carlos down in the hall.

If you were Carlos' friend, what advice would you give him?

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Help the Guy



James likes the best of everything. His computer and Ipod are very high quality. James notices that Amy looks at him and smiles at him a lot. But she is not as pretty as the prettiest girls in the school. James decides he must keep trying to go out with the prettiest girls.

What advice would you give to James?

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Help the Guy

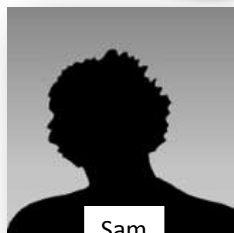


Sam has noticed that in movies, the guy often has to work hard to get the girl. "I won't give up," he thinks. She did not thank him for the candy he gave her on Valentine's Day, and she said "no thank you" at the dance last week. Sam thinks: "I need to try harder."

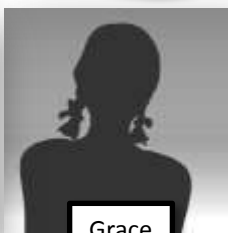
What should Sam do?

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Help the Guy



Sam



Grace

Sam is an 18-year-old 12th grader and Grace is a 16-year-old 11th grader. The two get along very well. Sam would like to ask her out, but he is afraid that their age difference is too big.

What should Sam do?

Discuss age differences with the adult who is with you.

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Help the Guy



James



Jeanie

James went to the school dance but he considered it a failure. He wanted to dance with Jeanie, but she said “no thank you” and then danced with another boy instead. James refused to dance with anyone else and then went home.

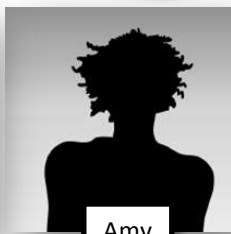
If you were James’s friend, what advice would you give him?

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Help the Guy



Brian



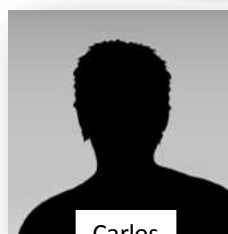
Amy

Three years ago, in sixth grade, Amy told Brian that people who play video games are losers. Amy loves video games. Today, at the mall, Amy walks by Brian, smiles, and says hello. Brian can’t decide whether to talk with Amy.

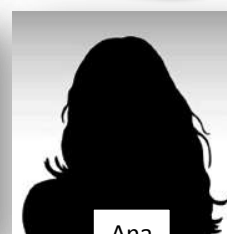
What advice would you give to Brian?

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Help the Guy



Carlos



Ana

Carlos and Ana have always enjoyed talking about their favorite anime art together. Then Carlos asked Ana if she would go out with him. She said, “I just want to be friends.” For weeks since then, Carlos has avoided talking with Ana at all.

If you were Carlos’s friend, what advice would you give him?

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Act it Out



The adult with you will pretend to be a girl your age who is looking at a high school year book. Start a conversation with her.

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Act it Out



1. Name a video game on a hand-held game device that you don't really like.
2. The adult with you will pretend to be a girl who is playing that game right now. Try to start a conversation with her.

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Act it Out



The adult with you will pretend to be a girl you knew back in fifth grade. Try to start a conversation with her by saying, "Remember the time back in fifth grade when..."

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Act it Out



1. Think of a girl you know who is really good at a subject in school.
2. The adult with you will pretend to be this girl. Give the girl a compliment and start a conversation.

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Act it Out



1. Think of a girl you know at school who has a particular talent.
2. The adult with you will pretend to be this girl. Give her a compliment and start a conversation.

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Act it Out



Pretend that you have a friend who has a problem with not taking showers and using deodorant as often as he should. Your teacher will pretend to be this young man. Have a friendly discussion with this person and explain how girls really notice if a boy is clean and smells good.

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Act it Out



The adult with you will pretend to be a girl who is sitting in homeroom drawing on a sketch pad. Start a conversation with her.

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Act it Out



1. Name a kind of music that you don't particularly like.
2. The adult with you will pretend to be a girl, who, when you ask what music she is listening to, responds by naming the music in number 1. Continue your conversation with her.

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Act it Out



You are making a phone call to a girl's home to ask a girl if she would like to go to a school event or movie with you. The adult with you will act out one of the following scenarios:

1. The girl's mother answers
2. The girl's father answers
3. You reach the girl's cell phone and leave a message on her voice mail.

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Act it Out



Pretend you know a girl at school who is interested in comics. You are calling her to invite her to a comic convention. The adult playing the part of the girl will respond in one of these ways:

1. Okay, but can I bring a friend along?
2. No, what about something else?
3. No thanks, I'm busy.

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Act it Out



The adult will play the part of a girl who is getting too much unwanted attention from a guy who has a crush on her. You play the part of a guy who is the girl's friend, and give her advice on how to handle this difficult situation.

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Act it Out



You are talking to a girl to invite her to an event at your school. The adult playing the part of the girl will respond in one of the following ways:

1. No, but she invites you to a flower show with her family instead
2. No, she is already going with someone else

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Fix the Thought

What kind of thoughts might help fight the thought below?

The things I am interested in are actually better and more important than the things girls like.

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Fix the Thought

What kind of thoughts might help fight the thought below?

When I compare the girls in my school to the girls I see in movies and online, the girls I know don't seem very appealing.

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Fix the Thought

What kind of thoughts might help fight the thought below?

Girls just won't listen when I am trying to tell them something interesting and important.

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Fix the Thought

What kind of thoughts might help fight the thought below?

A guy can really get hurt dealing with girls. It seems better to play it safe and stay away from them.

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Fix the Thought

What kind of thoughts might help fight the thought below?

Girls don't seem to find me attractive. I imagine it is always going to be that way.

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Fix the Thought

What kind of thoughts might help fight the thought below?

Some girls are great to look at, but most of them are interested in a lot of really stupid stuff that I don't even care about.

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Fix the Thought

What kind of thoughts might help fight the thought below?

I made a very embarrassing mistake with a girl once. Probably, all the girls in my school know about this and will never forget it.

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Fix the Thought

What kind of thoughts might help fight the thought below?

When pretty girls ignore me, it used to make me sad, but more and more it makes me very angry .

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