These simple worksheets are very useful to teach and practice common ground in conversation. They are a very small excerpt from the Green Zone curriculum I developed.

I suggest you first show your clients / students this brief, illustrated tutorial to get them started with the concept: Green Zone Common Ground Conversation Starter Visual Introduction (download from the website, top of post: http://bit.ly/Ajkg84).

The Coloring Worksheet is optional; kids up to about age 8 like it.

The Green Zone Two-Person Worksheet is the cornerstone of this activity.

Position two children, or you and one child, on opposite ends of the paper, facing each other. Designate them as “The Blue Brain Person” and “The Yellow Brain Person.” Have them write down some of their interests in the blue space or the yellow space.

Prompt them to look up now and then to see what the other person is writing down. It really works best if you have them do this simultaneously. Tell them they can write sideways, upside down, whatever. For children with limited writing skills, you may allow them to make simple line drawings instead of writing words. When they have a matched interest, say “Now you’re in the Green Zone.” Write this interest in the middle. Have the two participants talk about their “Green Zone” interests.

The Question, Compliment and Comment sheet is very useful to use in combination with these worksheets. Print it out, and have the participants refer to it when they are using the Green Zone Two-Person Worksheet.

Joel Shaul, LCSW
1. Color blue in this circle.
2. Color in yellow in this circle.
Color Green in this circle.
Write down here some things YOU like to talk about.

When you find some things you BOTH like, write them here.
Talk about these things together.
Now you are in the GREEN ZONE.

Green Zone 2-person worksheet

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Question/Compliment/Comment Helper Page

USE THIS AS A VISUAL PROMPT AS NEEDED IN CONVERSATION PRACTICE AND ROLE PLAYS

**QUESTIONS**

- Do you like...
- What is your favorite...
- What do you think about...
- Where...
- How did you...
- When did you...

**COMPLIMENTS**

- Cool
- Awesome
- Interesting
- I like how you...
- You’re good at...
- You know a lot about...
- I like your...

**FRIENDLY COMMENTS**

- Tell me something about ...
- I noticed you seem to like...
- I’m wondering about your...
- You said something about...

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