Self-Control Meters for Volume, Space and Levels of Formality

These simple-to-make tools combine clear visuals with simple, hand-held devices.

To make these meters, print out the pieces, laminate them, and fasten the arrows with small, bendable metal fasteners.

I have a curriculum activity and other visuals associated with the Levels of Formality meter. Go to http://bit.ly/GW7uuG


To go to the blog post describing these meters in more detail, go to: http://bit.ly/HJGBwc.

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Joel Shaul provides workshops on the topics of social and communication skills for children on the autism spectrum. To learn more: http://bit.ly/zGDQCi
Too quiet - Hard to hear
Almost loud enough
Just right!
GETTING TOO LOUD
TOO LOUD!
Too far away from others.
Almost close enough
Just right!
Getting too close!
Too close!
Playful, but not silly
(Party during school day)

Silly, playful
(Playground, pool, snowball fight)

Calm and Polite
(Meeting adult for the first time)

Serious, very polite